

# LONDON ROYAL NATIONAL ENT SLEEP SURGERY COURSE

29, 30, 31 JANUARY 2027

MASTERCLASS IN SLEEP APNEA MANAGEMENT

IN CONJUNCTION WITH  
ASIA SLEEP CENTRE, SINGAPORE



Venue: University College Hospital Education Centre, 250 Euston Road, London, NW1 2PG

## COURSE DIRECTORS

Mr. Ryan Cheong, UK

Dr. Kenny Pang, Singapore

## SPECIAL GUESTS

Professor Claudio Vicini, Italy  
Professor Bhik Kotecha, UK  
Dr. Brian Rotenberg, Canada  
Dr. Michel Cahali, Brazil

Professor Tucker Woodson, USA  
Professor Olivier M. Vanderveken, Belgium  
Professor Manuele Casale, Italy  
Professor Andrea de Vito, Italy

## INTERNATIONAL FACULTY

Dr. Robson Capasso, USA  
Dr. Guillermo Plaza, Spain  
Dr. Carlos O'Connor, Spain  
Dr. Sara McNeillis, UK  
Dr. Srinivas Kishore, India  
Dr. Rodolfo Lugo, Mexico  
Dr. Clare Simon, UK  
Dr. Giannicola Iannella, Italy  
Dr. Seemab Shaikh, India  
Dr. Ahmed Bahgat, Egypt

Dr. Ewa Olszewska, Poland  
Dr. Peter Baptista, Spain  
Dr. Antonio Moffa, Italy  
Mr. Vik Veer, UK  
Dr. Vikas Agrawal, India  
Dr. Vijaya Krishnan, India  
Dr. Dipankar Datta, India  
Dr. Aditi Desai, UK  
Dr. Sumit Samant, New Zealand

## COURSE FEES

GBP 990

GBP 790 - \*Early bird till 31 Aug 2026

Delegates dinner on 30 January 2027.  
Daily lunch and refreshments will be provided.

\*Limited seats available

## CONTACT US

E-MAIL: [courses@asiasleepcentre.com](mailto:courses@asiasleepcentre.com)

REGISTER: [www.sleepsurgerycourses.com](http://www.sleepsurgerycourses.com)  
[www.londonsleepsurgery.com](http://www.londonsleepsurgery.com)

# PROGRAM OVERVIEW

## LECTURE INCLUDES

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Didactic Style, Panel Discussions, Surgical Videos, Case Studies, Q&A

## TOPICS

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- Pathophysiology of OSA
- Cardiovascular effects of OSA
- Sleep Apnea Phenotypes – The PALM score
- Understanding Sleep Surgical Anatomy
- Sleep Diagnostics – PSG and the WatchPAT
- Upper Airway Evaluation,
- Drug Induced Sleep Endoscopy (DISE)
- Is the Nose Crucial in OSA
- Palate Phenotypes
- CPAP therapy – Trends over 30 Years
- Oral Appliances and Sleep Apnea
- Palate Types and Tailoring the Palate Surgery
- Snoring Treatment
- UPPP, Expansion Sphincter Pharyngoplasty, Barbed Pharyngoplasty
- Lateral Pharyngoplasty, Anterior Palatoplasty, Transpalatal Advancement
- Types of Tongue Base Surgeries - Do they work?
- Tongue Suspension, Genioglossus Advancement, Hyoid Suspension
- Robotic Tongue Base Surgery, Hypoglossal Nerve Stimulator
- Peri-operative Surgery Care, Multi-level Surgery – Is It Safe?
- Complications of Surgery
- Myofunctional Therapy - Does it work?
- Upper Airway Resistance Syndrome – Is It a Distinct Entity?
- New Surgical Outcome Measures in OSA – The SGI - SleepGoal Index
- Case Studies / Quiz

\*Topics may vary in final program

